



Epsilon Sigma Omicron Handbook

Reading List and Guide for GFWC's Reading Group

This handbook is best used by members and state chairmen of newly-established state ESO chapters or state chapters that do not have their own state guidelines, but also is helpful to all ESO members and chapters. If your state chapter has its own rules and guidelines, please consult them. Any questions regarding the contents of this handbook should be directed to the GFWC ESO chairman. —Revised Fall 2008

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Introduction to ESO

Epsilon Sigma Omicron (ESO) is an honorary educational society open to all per-capita paying GFWC federated club members. More than 60 years ago the Epsilon Sigma Omicron (ESO) program became a permanent part of the GFWC Education Department. Through ESO, clubwomen are given direction in planned reading for self-enrichment and personal growth. Over the years, many GFWC clubwomen have profited from this unique self-improvement program, seen as vital by the members it directly benefits.

The purpose of ESO is to provide clubwomen with a structural reading program, which is educational and stimulates a desire for self-improvement. The following are the goals of the ESO:

- 1) To encourage clubwomen's pursuit of higher educations.
- 2) To create an additional means to unite women in volunteerism.
- 3) To develop a support network for women returning to school.
- 4) To improve current and develop new study skills.
- 5) To stimulate systematic home reading and study with minimum supervision.
- 6) To encourage the establishment of home libraries.
- 7) To encourage the formation of reading/study/discussion groups.

ESO can take the form of the reading group or an individual's personal reading pursuit. The program provides membership, awards/certificates, pins, reading lists, and a framework in which to pursue continued self-improvement through reading. Many clubs combine club programming with ESO related activities, such as reading awareness and book promotion.

HISTORY OF ESO

ESO was established in 1928 by the Indiana Federation of Clubs. In 1930 it was incorporated as a national sorority; the Indiana society became the Alpha chapter. Later that same year, the Washington state chapter became the Beta chapter. Since then, approximately 35 states have followed the lead of Indiana and Washington by establishing their own state ESO chapters.

The first national convention of ESO was held at the 1932 GFWC Convention in Seattle, Washington. In 1940, ESO gave up its incorporation as a national sorority and became a Special Committee of GFWC. This relationship needed clarification. In 1945, Mrs. Fred A Bell, then GFWC ESO chairman, appointed Mrs. W.D Keenan of the Alpha chapter as a consultant. Mrs. Keenan worked with Mrs. Bell and Mrs. Meyers, organizer and first president of ESO, to present rules and regulations to meet both ESO and GFWC requirements and

to clarify the status of the organization. Their work was completed in 1950 when the rules were modified to include ESO as a division of the Education Department of GFWC.

The establishment of ESO was aided by the Extension Division of the University of Indiana. The Extension Division began creating “reading courses” which gave college credit, applicable to a University degree or membership in ESO. The enrollment fee in 1935 was \$1 for one course or \$3 for four courses. The original ESO reading courses were compiled by the American Library Association, the United States Office of Education, Purdue University, and Indiana University. Clubwomen could choose from over 100 courses. Reading courses ranged in subject matter from American heroes to interior decoration to U.S foreign relations.

ESO TODAY

Today ESO is in the GFWC Education Department with clubs across the country continuing to participate in this self-improvement reading program. Since 1928, ESO has evolved into a diverse program with state chapters personalizing their programs based on the needs of the clubwomen and their communities. ESO members should follow the guidelines of their state ESO chapter. If a state chapter does not exist, one must be established before clubwomen can participate. The rules and regulations included in this handbook should be used as a framework for establishing and administering state ESO chapters. Questions regarding the administration of ESO on the local and state levels should be directed to the national ESO chairman and/or the GFWC Program Department.

ESO Membership Information

BENEFITS OF ESO MEMBERSHIP

Epsilon Sigma Omicron, unlike other GFWC programs, exists specifically for the benefit of clubwomen. GFWC programs are traditionally community improvement based. Although ESO is beneficial to the community, its main focus is directed at club members.

Reading groups have become commonplace in many communities recently because of their unique benefits. Members who participate in reading groups are able to experience intellectual discussions on a variety of books, create new friendships, coalesce with various members of the community and gain knowledge about life, love, family, politics, cultures, technology, the world around them and many other topics.

HOW TO BECOME AN ESO MEMBER

Step 1: Contact your state ESO chairman to receive state ESO guidelines. Many states have their own requirements regarding becoming an ESO pledge and member. If your state does not have an ESO chapter, one must be chartered (please see How to Organize a State ESO Chapter).

Step 2: Interested GFWC members must first pass through the ESO pledge stage before they can become ESO members. The completion of an ESO pledge application (see page 10) is needed before a pledge can begin working towards membership status. The pledge application must be sent to the state ESO chairman, who will begin tracking the pledge's progress.

A pledge qualifies for membership at her own pace, finishing in a few weeks or working slowly throughout the year. After proper completion of 16 books, the pledge will receive a certificate verifying her ESO membership.

MEMBER RESPONSIBILITIES

ESO members are encouraged to participate in club programs such as:

- Reading
- Participating in reading/study/discussion groups
- Working to Achieve higher ESO levels
- Continuing to pursue self-improvement through personal study

Reading is, of course, the main responsibility of an ESO member. Once books are completed, the member is required to complete a "book report". The book report form (see page 6) is used by members to express their

opinions of the books they read. The forms are also used by state ESO chairmen. The chairmen must keep track of each member's ESO levels, which are based on the number of books read. The report form must be completed by each member once she has completed one category (four books) and set to state ESO chairmen. Report forms will not be returned. State ESO chairmen will issue certificates and awards based on report forms received.

ESO LEVELS

There are many opportunities for ESO members to work their way up through the ESO levels, from ESO Pledge to ESO Century Award members. Clubwomen move to a new ESO level by completing a set of reading list requirements.

The reading list is divided into subject categories. To complete a category, a member must read and report on four (4) books from that category. State ESO chapters may have different requirements; please consult your state guidelines.

- ESO Levels
 - Pledge: A Pledge has obtained an enrollment application and has started to fulfill the reading requirements.
 - Member: A Member has completed four books from four different categories, 16 books. She is then eligible to wear the ESO pin and receive a membership certificate.
 - Star Level: A Star level member has completed four books from ten different categories, 40 books. She will then receive a Star level membership certificate.
 - Torch Level: A Torch level member has completed seventy-five books from seven different categories. She will receive a Torch level certificate.
 - Century Award: A Century Award member has completed one hundred books. She can continue to the Second, Third, Fourth, Fifth, and Sixth Century Award levels and will be eligible to receive the first, second, third, fourth, fifth, and/or sixth century membership certificates.

ESO AWARDS

As members move up in ESO levels, they are eligible for a variety of pins and certificates. State ESO chairmen are responsible for tracking the ESO levels of their state members. Members should report to state ESO chairmen so accurate ESO level records can be maintained.

- ESO certificates (Member, Star, Torch, Century, Second Century, etc.) are available from the GFWC Materials Resource Center (1734 N Street N.W., Washington DC 20036-2990, P: 202/347-3168, W: www.GFWC.org, E: GFWC@GFWC.org). Certificates can be ordered by ESO chairmen.

- ESO pins (ESO Member pin and ESO Torch pin) are available from the GFWC Materials Resource Center (1734 N Street N.W., Washington DC 20036-2990, P: 202/347-3168, W: www.GFWC.org, E: GFWC@GFWC.org). Members are eligible to order pins once they have received the certificates that validate their ESO level.
- National ESO awards to recognize outstanding promotion of ESO and outstanding participation in ESO will be awarded annually to one state federation in each membership category. The winners will be chosen by the national ESO chairman based on ESO information found in the Education in the Community state annual reports.

State ESO Chairmen Information

STATE ESO CHAIRMEN RESPONSIBILITIES

State ESO Chairmen should be active ESO members and are appointed by state presidents. If necessary, pledges actively pursuing ESO membership can be appointed as state ESO chairmen.

Responsibilities include:

- Working closely with the state administrative agency, if chapter has an administrative agency.
- Promoting and distributing the ESO reading list to all ESO members and prospective members. If the state ESO chapter has its own reading list, the state chairman complies, reviews, and revises that list.
- Reporting annually to the GFWC Education in the Community chairman.
- Keeping records of state's ESO members, including verification of ESO levels achieved and number of books completed. State ESO chairmen receive completed pledge applications and book report forms from each state member. The report forms represent each category completed. State chairmen are responsible for tracking their memberships' progress based on these report forms. The records should be kept in a fashion that can be passed on to the next administration.
- Ordering ESO certificates from the GFWC Materials Center (1734 N Street N.W., Washington DC 20036-2990, P: 202/347-3168, W: www.GFWC.org, E: GFWC@GFWC.org), and completing and distributing to appropriate members.
- Informing members of their ESO pin eligibility.
- Encouraging clubwomen to participate in ESO, promoting ESO through state magazines, bulletins, and through materials prepared for district, regional and state meetings and conventions.
- Promoting state ESO activities by submitting articles to the *GFWC CLUBWOMAN* magazine and to the national GFWC Education in the Community chairman.
- Promoting ESO reading groups on the local and state level.

Organizing a State ESO Chapter

REACTIVATING A STATE ESO CHAPTER

A list of established state ESO chapters can be found in this handbook. Over time, many state ESO chapters have become inactive. If a state already has established ESO chapter, but no state chairman or active program, that chapter needs to be reactivated. Follow these steps to reactivate an ESO state chapter:

- Consult the list of established ESO chapters to see if a state ESO chapter has already been established.
- Contact state president to verify existence of active chapter.
- Interested members need to contact their state president to solicit approval to reactivate the state ESO chapter.
- Once approval is granted, the state president must appoint a state ESO chairman who is willing to take on all state ESO chairman responsibilities.
- The state ESO chairman must request a state ESO reactivation charter application from the GFWC Materials Center. The application requires the state to uphold the goals of ESO and participate in the ESO programs. The signatures of the state president and the state ESO chairman are necessary on the application.
- Upon approval of the application, the state will receive a state ESO reactivation charter from GFWC Headquarters, signed by the GFWV International President and the national GFWC Education in the Community chairman.
- Bulleted text. The General Federation of Women's Clubs is an international organization dedicated to community improvement by enhancing the lives of others through volunteer service.

ESTABLISHING A STATE ESO CHAPTER

A GFWC member who is interested in becoming an ESO member must contact her state president to determine if a ESO chapter exists in her state, or refer to the list in this handbook. If there is no state ESO chapter, one must be established before ESO activities can begin. The following steps need to be taken to charter a new ESO state chapter:

- Interested members need to contact their state president for approval to establish a state ESO chapter. Once approval is granted, the state president must appoint a state ESO chairman who is willing to take on all state ESO chairman responsibilities.
- The appointed state ESO chairman must request a state ESO charter application from the GFWC Materials Center. The application requires the state to uphold the goals of the ESO and participate in ESO programs. The signatures of the state president and the ESO chairman are necessary on the application.

- Upon approval of the application, the state will receive a state ESO charter, from the GFWC Headquarters, signed by the GFWC International President and the GFWC Education in the Community chairman.

ESO Fact Sheet

THE CREST

Bertha J. Lacey, a well known Indiana artist, designed the crest for ESO in the form of a shield, the ancient symbol of protection. The shield is divided into sections. The center section represents the American home, with a pathway leading into the world of achievement.

In the top left section, the rising sun stands for enlightenment. The palm leaf in the upper central section of the shield is the symbol of victory through effort. The crescent moon at the upper right denotes enlightenment pursued in the night-time hours of study.

The lower left section shows the lyre which is the symbol for fine arts. The wheat in the lower right symbolizes the idea that we reap what we sow. The lower central section shows an open book which represents all knowledge.

Below the crest is the torsade bearing the name Epsilon Sigma Omicron. The torsade was originally a wreath of twisted ribbon presented to a crusader when he set out upon a quest. The dove of peace which crowns the crest symbolizes aspiration.

THE PIN

The ESO pin was also designed by Bertha J. Lacey. The pin is shaped like a kite and is gold, symbolizing the desire to increase cultural knowledge. On a blue field which denotes truth, is a half-risen sun bearing the Greek Letters ESO- Epsilon Sigma Omicron. The ESO pin may be worn by any member who has met the membership qualifications.

THE MOTTO

The motto of Epsilon Sigma Omicron is "Enlighten your Own Pathway," which was chosen by Mrs. Quincey A. Myers and translated from Greek at the Indiana University. ESO are the initial letters for the Greek phrase, "Epsilon ten sautou hoden" which translates literally into "Enlighten the pathway of yourself."

THE SONG

Tune- "On the Banks of the Wabash"

Words by Constance Hais, ESO Beta Chapter

Of times mem'ry takes us back to happy schooldays

When the world of knowledge widened to our view:

All the past was ours- the future rich in promise
And each year the goal for us was set anew
Commencement sent us out to make our own goals
If we would win success and forward go;
The way we trod was often dull and aimless,
Till at last we found the torch of ESO

Now the light is shining fair along the pathway
Gleaming clear and bright the way our feet must go;
And the torch we carry will continue burning
All the years we're faithful to ESO

THE LITANY

Written by Rose Katterhenry,
ESO Alpha Chapter

Light thine own pathway, and by each beaming ray,
May we see reflected, each passing hour of the day
Some arduous task accomplished, some valiant deed well done,
Renew some high endeavor, record the victory won.

THE GRACE

Tune "Old Hundred"
Written by ES Alpha Chapter

Dear Lord, to Thee our thanks we give,
For life and love and daily bread
In sisterhood, O may we live
And by Thy spirit, ever be led. Amen

THE FLOWERS AND COLORS

Flower: Gardenia
Colors: Blue, signifying fidelity to purpose. White, signifying light.

ESO Book Report Form

Please copy and complete the following report form and send it to your state ESO chairman. This form will be used to track your progress through the ESO levels.

Date					
Member Name					
GFWC Club					
Address					
City		State		Zip Code	
Phone		E-mail Address			
Current ESO Level	<input type="checkbox"/> Pledge	<input type="checkbox"/> Member	<input type="checkbox"/> Star	<input type="checkbox"/> Torch	<input type="checkbox"/> Century
The following book reports mark the completion of the _____ category.					

For each book, include the following information:

Book Title	
Author	
What was your opinion of the book?	
Book Title	
Author	
What was your opinion of the book?	

THE CONSTITUTION

The following is a copy of the original ESO Constitution taken from the Indiana University archives/State ESO chapters are encouraged to use it as a model when writing their state ESO Constitution. The Constitution may be adapted to best suit the state's needs.

Article I

Name

The name of this organization shall be Epsilon Sigma Omicron "enlighten your own pathway" ., sponsored by the Indiana Federation of Clubs.

Article II

Object

The Object of this organization shall be to foster and encourage literary spirit among clubwomen of Indiana.

Article III

Membership

The membership of this organization shall be composed of women who are members of clubs affiliated with the Indiana State Federation, and of young girls who are members of Junior clubs affiliated with the Indiana state Federation, as provided in the by-laws.

Article IV

Officers

The officers of the Association shall be president, vice-president, secretary, and treasurer, who shall be elected at an annual meeting and who shall hold office for one year, or until their successors are elected and qualified.

Article V

Annual Meeting

There shall be an annual meeting of the organization to be held at the time and place of the annual convention of the Indiana Federation of Clubs.

Article VI

Amendments

This constitution shall be amended at any regular meeting of the organization by two-thirds vote of the members present, provided notice of the proposed amendment has been given in the official call to the annual meeting.

LIST OF ESTABLISHED STATE ESO CHAPTERS

The following list of state ESO chapters represents all chapters chartered throughout ESO history. Some of these state chapters may not be active at this date.

Chapter	State	Date	Administrative Agency
Alpha	Indiana	1928	Extension Division, Bureau of Public Discussion, Indiana University
Beta	Washington	1930	Washington State University. Extensions Service
Gamma	Minnesota	1933	General Extension Division, University of Minnesota, Correspondence Study Department, Library Division, Minnesota State Department of Education
Delta	Oklahoma	1934	College of Continuing Education, University of Oklahoma and Sate Library
Epsilon	Nebraska	1944	Extension Division, University of Nebraska
Zeta	Kansas	1946	Extension Division, University of Kansas
Eta	Missouri	1946	Missouri State Library Commission
Theta	North Dakota	1946	Extension Division, University of North Dakota
Iota	Wisconsin	1950	Wisconsin Free Library Commission
Kappa	Pennsylvania	1950	Pennsylvania State University, Free Library of Philadelphia and American Library Association
Lambda	Wyoming	1950	Wyoming State Library
Mu	Tennessee	1950	Extension Division, University of Tennessee
Nu	Maine	1951	Extension Division, University of Maine
Xi	Illinois	1952	Illinois State Library
Omicron	South Carolina	1952	Extension Division, University of South Carolina
Pi	Mississippi	1952	Extension Division, University of Mississippi
Rho	Colorado	1953	Extension Service, University of Colorado Libraries
Sigma	Florida	1953	Extension Division, Florida State University, Florida State Library

Chapter	State	Date	Administrative Agency
Tau	Massachusetts	1953	Division of Library Extension, Massachusetts Department of Education
Upsilon	California	1954	California State Library Commission
Phi	Texas	1954	Extension Division, University of Texas
Chi	Oregon	1954	Extension Division, Oregon State System Higher Education
Psi	Iowa	1954	Extension Division, University of Iowa
Omega	Georgia	1954	Extension Division, University of Georgia, Center for Continuing Education
Alpha Alpha	New Mexico	1954	Library State Commission
Alpha Beta	West Virginia	1954	Extension Division, University of West Virginia
Alpha Gamma	Arkansas	1958	State Library Commission and University of Arkansas
Alpha Delta	Ohio	1958	Center for Adult Education, Ohio State University and Ohio University at Athens
Alpha Epsilon	Michigan	1958	University of Michigan and State Library
Alpha Zeta	Alabama	1961	Correspondence Study Department, Extension Division Alabama University
Alpha Eta	North Carolina	1961	Bureau of Community Adult Education, Extension Division, University of Alabama
Alpha Theta	Virginia	1962	Home Study Department, Extension Division, University of Virginia
Alpha Iota	Louisiana	1964	Louisiana State University
Alpha Kappa	Arizona	1965	University of Arizona
Alpha Lambda	Kentucky	1967	Kentucky Department of Libraries
Alpha Mu	South Dakota	1969	
Alpha Nu	Utah	1969	State Library
Alpha Xi	Montana	1970	
Alpha Omicron	New Jersey	1978	Douglas Colleges
Alpha Tau	Maryland	1978	Extension Services, University of Maryland
Alpha Upsilon	Delaware	2000	
Alpha Phi	Connecticut	2001	
Alpha Chi	New York	2001	

ESO PLEDGE APPLICATION

Please copy and complete the following application and send it to your state ESO chairman. This form will be used to track your progress as an ESO member through the ESO Levels.

Date					
Member Name					
GFWC Club					
Address					
City		State		Zip Code	
Phone		E-mail Address			

I hereby agree to pursue the goals of ESO and to participate in ESO programs.

Signature

EPSILON SIGMA OMICRON



READING LIST

2008

ESO Booklist Fall 2008

The following is the suggested national ESO reading list. If your state compiles its own reading list, you should first consult it. The books are divided into 23 subject categories. This list is updated each administration based on selected best sellers lists, American Library Association lists, Pulitzer, and other prize lists, and GFWC related topics. State Education in the Community chairmen may adapt, alter and/or update this list as desired. For your convenience, some of the entries have descriptions. This does not indicate a preference or further endorsement by GFWC.

- American History
- The Arts
- Biography and Memoir
- Business and Finance
- Conservation and Ecology
- Drama
- Education
- Fiction, Classic
- Fiction, General
- Fiction, Genre
 - Mystery, Thriller
 - Science Fiction
- Health and Medicine
- Home and Garden
- Parenting and Families
- Poetry
- Reading to Children
 - Picture Books and Story Books
 - Chapter Books and Books for Youth
- Religion and Inspirational
- Science
- Sports and Recreation
- Travel and Geography
- Volunteerism
- Women's Studies
- World History
- Addendum

AMERICAN HISTORY

- Ambrose, Stephen. *Undaunted Courage: Merriwether Lewis, Thomas Jefferson and the Opening of the American West.*
- Balmer, Randall. *Mine Eyes Have Seen the Glory.*
- Brokaw, Tom. *The Greatest Generation.*
- Dallek, Robert. *Nixon and Kissinger: Partners in Power.*
- Goodwin, Doris Kearns. *Team of Rivals: The Political Genius of Abraham Lincoln.*
 - The Presidency of Abraham Lincoln is rethought in this book, which attempts to define Lincoln through his presidential cabinet. Goodwin examines how each member of Lincoln's diverse administration shaped one of the most traumatic points in American History.
- Howe, David Walker. *What Hath God Wrought: the Transformation of America, 1815-1848.*
- Kean, Thomas H. and Lee H. Hamilton. *Without Precedent: The Inside Story of the 911 Commission.*
- Labunski, Richard. *James Madison and the Struggle for the Bill of Rights.*
- McCullough, David. *The Path Between the Seas: The Creation of the Panama Canal 1870-1914.*
- Menand, Louis. *The Metaphysical Club: A Story of Ideas in America.*
- Ngai, Mae A. *Impossible Subjects: Illegal Aliens and the Making of Modern America.*
- Philbrick, Nathaniel. *Mayflower: A Story of Courage, Community and War.*
- Ricks, Thomas E. *Fiasco: The American Military Adventure in Iraq.*
- Wood, Gordon S. *The Radicalism of the American Revolution.*
 - Gordon Wood argues that beyond defining a country, the Revolutionary War acted as a catalyst to move America toward a liberal independent and free-thinking democracy.

THE ARTS

- Alberti, John. *Leaving Springfield: The Simpsons and the Possibility of Oppositional Culture.*
- Buhler Lynes, Barbara. *Georgia O'Keefe Museum.*
- Chadwick, Whitney. *Women, Art and Society.*
- Dali, Salvador. *The Secret Life of Salvador Dali.*
- Fletcher, Alan. *The Art of Looking Sideways.*
- Ganz, Nicholas. *Graffiti World: Street Art from Five Continents.*
- Harr, Jonathan. *The Lost Painting.*
 - A brisk and enthralling detective story that follows a student who is hunting for a painting that had been presumed lost for over 200 years.
- Kimmelman, Michael. *The Accidental Masterpiece: On the Art of Life and Vice Versa.*
- King, Ross. *Brunelleschi's Dome: How a Renaissance Genius Reinvented Architecture.*
- Reynolds, Nancy and Malcolm McCormick. *No Fixed Points: Dance in the Twentieth Century.*
- Szarkowski, John, et. al. *Ansel Adams at 100.*

- Tobin, Jacqueline L. and Raymond G. Dobard. *In Plain View: A Secret Story of Quilts and the Underground Railroad*.
- Wynne, Frank. *I was Vermeer: The Rise and Fall of the Twentieth Century's Greatest Forger*.
 - Frank Wynne recounts the story of Dutch forger Han Van Meegeren as he successfully passed off more than a dozen forged works. This book gives insight into the mind of a forger and a dissection of the elite world of buying and selling art.
- Zwonitzer, M. and C. Hirshberg. *Will You Miss Me When I'm Gone*.

BIOGRAPHY AND MEMOIR

- Banner, Lois. *Elizabeth Cady Stanton: A Radical for Women's Rights*.
- Bird, Kai And Martin J. Sherwin. *American Prometheus: The Triumph and Tragedy of J. Robert Oppenheimer*.
- Ellen Owns ○ Burroughs, Augusten. *Running With Scissors*.
 - This provocative memoir recounts Burroughs' youth. His telling is somehow both devastating and comic. It is a glimpse into insanity, but always with a feeling of hope.
- Ephron, Nora. *I Feel Bad About My Neck and Other Thoughts About Being a Woman*.
- Ferrer, Sean Hepburn. *Audrey Hepburn: An Elegant Spirit: A Son Remembers*.
- Gandhi, Mohandas Karamchand. *Gandhi An Autobiography: The Story of My Experiments with Truth*.
- Grogan, John. *Marley and Me*.
- Leaning, Barbara. *Jack Kennedy: The Education of a Statesman*.
- Lemmon, Chris. *A Twist of Lemmon: A Tribute to My Father*.
- Madigan, Tim. *Proud of You: My Friendship with Fred Rodgers*.
- Mandela, Nelson. *Long Walk to Freedom*.
- Matterson, John. *Eden's Outcast: The Story of Louisa Mat Alcott and Her Father*.
- McCourt, Frank. *Teacher Man*.
- McCullough, David. *John Adams*.
- McCullough, David. *Truman*.
- Powers, Ron. *Mark Twain: A Life*.
- Rehak, Melanie. *Girl Sleuth: Nancy Drew and the Women Who Created Her*.
- Shields, Charles J. *Mockingbird: A Portrait of Harper Lee*.
- Thomas, Abigail. *A Three Dog Life*.
 - Thomas gives the reader a portrait of her third husband, Rich, after a hit-and-run in their Manhattan neighborhood shatters his skull, destroys his short –term memory and consigns him to permanent brain trauma. A sad, up-lifting story.
- Van Gogh, Vincent. *Dear Theo: The Autobiography of Vincent Van Gogh*.

- Wells, Jeannette. *Glass Castle*.
- Woods, Randal. *LBJ: Architect of American Ambition*.

BUSINESS AND FINANCE

- Anderson, Chris. *The Long Tail: Why the Future of Business is Selling Less of More*.
- Clason, George. *Richest Man in Babylon*.
- El-Erian, Mohamed A. *When Markets Collide: Investment Strategies for the Age of Global Economic Change*.
- Friedan, Jeffrey A. and David A. Lake. *The International Political Economy: Perspectives on Global Power and Wealth*.
- Friedman, Thomas. *The World is Flat*.
- Gladwell, Malcolm. *The Tipping Point*.
- Hannon, Kerry. *Suddenly Single: Money Skills for Divorcees and Widows*.
- Johnson, Spencer, Ken Blanchard, Kenneth H. Blanchard, and Tony Roberts. *Who Moved My Cheese: An Amazing Way to Deal with Change in Your Work and in Your Life*.
- Keynes, John Maynard. *The General Theory of Employment, Interests, and Money*.
- Krugman, Paul. *The Return to Depression Economics*.
- Levitt, Steven D. and Stephen Dubner. *Freakonomics*.
 - In *Freakonomics*, Levitt argues that many apparent mysteries of everyday life don't need to be so mysterious: they could be illuminated and made even more fascinating by asking the right questions and drawing connections.
- Malkiel, Burton. *A Random Walk Down Wall Street*.
- Morris, Charles R. *Trillion Dollar Meltdown*.
- Presser, Harriet B. *Working in a 24/7 Economy: Challenges for American Families*.
- Ramsey, Dave. *Total Money Makeover*.
 - A financial self help book whose system is simple: work hard, pay what you owe, and stay out of debt. The Strength of this book is that it is a straightforward motivational tool, which gives the brutally direct truth about the hard work it takes to become free of debt.
- Smith, Adam. *The Wealth of Nations*.

CONSERVATION AND ECOLOGY

- Adams, Douglas. *Last Chance to See...*
- Carson, Rachel. *Silent Spring*.
- Conca, Ken and Geoffrey Dabelko. *Green Planet Blues: Environmental Politics from Stockholm to Johannesburg*.
- Conon, William. *Uncommon Ground: Rethinking the Human Place in Nature*.

- Darwin, Charles. *On the Origin of Species*.
- Diamond, Jared. *Collapse*.
 - *Collapse* examines why ancient societies as well as modern ones have fallen apart. Not every collapse has an environmental origin, but an eco-meltdown is often the main catalyst, he argues, particularly when combined with society's response to the coming disaster.
- Dillard, Annie. *Pilgrim at Thinkers Creek*.
- Flannery, Tim. *The Weather Makers: How Man is Changing the Climate and What It Means for Life on Earth*.
- Gore, Al. *An Inconvenient Truth*.
 - Al Gore's famous presentation of global warming reminds us that, while our climate crisis may at times appear to be happening slowly, it is actually happening very quickly and has become a true planetary emergency. He convincingly writes that in order to face down the danger that is stalking us and move through it; we must recognize that we are facing a crisis.
- Hay, John. *The Way to the Salt Marsh: A John Hay Reader*.
- Krakauer, Jon. *Into the Wild*.
- Leopold, Aldo. *A Sand County Almanac*.
- Oliver, Mary. *New and Selected Poems*.
- Reisner, Marc. *Cadillac Desert*.
- Singer, Peter and Jim Mason. *The Way We Eat: Why Our Food Choices Matter*.
- Thoreau, Henry David. *Walden or Life in the Woods*.
- Weiner, Jonathan. *The Beak of the Finch: A Story of Evolution in Our Time*.
- Weisman, Alan. *The World Without Us*.

DRAMA

- Beckett, Samuel. *Waiting for Godot*.
- Ibsen, Henrik. *A Doll's House*.
 - When Torvald Helmer finds out that his wife stole money from her father to pay for a health institution for him, he's shocked. Nora, not understanding what she might have done wrong, reexamines her life and discovers a desire for independence in a strict Victorian era.
- Marlowe, Christopher. *The Tragical History of Doctor Faustus*.
- Miller, Arthur. *Death of a Salesman*.
- Pinter, Harold. *The Homecoming*.
- Ebook ○ Shakespeare, William. *Othello*.
- Shaw, Bernard. *Pygmalion*.
- Ebook ○ Wilde, Oscar. *The Importance of Being Ernest*.
- Williams, Tennessee. *The Glass Menagerie*.

EDUCATION

- Clark, Ron. *The Excellent 11: Qualities Teachers and Parents Use to Motivate, Inspire, and Educate Children*.
 - Part memoir, part inspirational tract, and part handbook for beginning teachers, Clark writes on how to get children excited about learning, covering 11 fundamentals: enthusiasm, adventure, creativity, reflection, balance, compassion, confidence, humor, common sense, appreciation, and resilience.
- Dewey, John. *Democracy and Education*.
- Gurian, Michael and Kathryn Stevens. *The Minds of Boys*.
 - Gurian and Stevens explore research on the differences between the male and the female brain that account for their differences in behavior. This book offer advice on how to encourage learning based on strengths of boys, from burst of attention and physical play with infant boys to appropriate discipline as they grow older.
- Gurian, Michael. *Boys and Girls Learn Differently*.
- Johnson, Lou Anne. *Teaching Outside the Box*.
- Johnson, Lou Anne. *The Queen of Education: Rules for Making Schools Work*.
- Karabel, Jerome. *The Chosen: The Hidden History of Admission and Exclusion at Harvard, Yale, and Princeton*.
- Kludge, P.F. *Alma Mater*.
- Postman, Neil. *The End of Education: Redefining the Value of School*.
- Robbins, Alexandra. *The OverAchievers: The Secret Lives of Driven Kids*.
- Tock, Thomas. *High School on a Human Scale*.
- Williams, Joe. *Cheating Our Kids: How Politics and Greed Ruin Education*.

FICTION, CLASSIC

- Albee, Edward. *Who's Afraid of Virginia Woolf?*
- Alighieri, Dante. *The Inferno*.
- Alighiere, Dante. *Purgatorio*.
- Ebook ○ Austen, Jane. *Pride and Prejudice*.
- Ebook ○ Bronte, Charlotte. *Jane Eyre*.
- Camus, Albert. *The Stranger*.
- Conrad, Joseph. *Heart of Darkness*.
- Ebook ○ Cooper, James Fenimore. *The Last of the Mohicans*.
- Ebook ○ Dickens, Charles. *Great Expectations*.
- Ellison, Ralph. *Invisible Man*.

- *Invisible Man* reveals the pain of a black man's existence in a white world. It is a story of a young man's journey through the Deep South to the streets of Harlem. As he moves through time, he learns about the black world, the white world, and a world of his own. His passage is a frightening but at the same time an enlightening pilgrimage for all of us.

○ Faulkner, William. *The Sound and the Fury*.

Ebook Fitzgerald, F. Scott. *The Great Gatsby*.

Ebook ○ Hawthorne, Nathaniel. *The Scarlet Letter*.

○ Golding, William. *The Lord of the Flies*.

○ Heller, Joseph. *Catch-22*.

○ Homer. *The Odyssey*.

○ Kerouac, Jack. *On the Road*.

○ Kesey, Ken. *One Flew Over the Cuckoo's Nest*.

○ Lee, Harper. *To Kill a Mockingbird*.

○ Melville, Herman. *Moby Dick*.

○ Morrison, Toni. *Beloved*.

○ Orwell, George. *1984*.

○ Plato. *The Republic*.

○ Salinger, J.D. *The Catcher in the Rye*.

○ Vonnegut, Kurt. *Slaughterhouse Five*.

- This absurdist classic introduces the reader to a man who becomes unstuck in time after he is abducted by aliens. In a plot scrambling display, the reader follows Pilgrim simultaneously through all phases of his life, concentrating on his shattering experience as a prisoner of war who witnesses the firebombing of Dresden.

○ Walker, Alice. *The Color Purple*.

○ Woolf, Virginia. *Mrs. Dalloway*.

FICTION, GENERAL

○ Atwood, Margaret. *Edible Woman*.

○ Banville, John. *Sea*

○ Brooks, Geraldine. *March*.

○ * Cabaldren, Diana. **Outlander** * *

○ Chevalier, Tracy. *Girl with the Pearl Earring*.

○ Coelho, Paulo. *The Alchemist*.

○ Diaz, Junot. *The Brief Wondrous Life of Oscar Wao*.

○ Delillo, Don. *Underworld*.

- Through fragments and interlaced stories of highway killers, artists, celebrities, conspiracies, gangsters, nuns, and various others, DeLillo creates a connected experience that encompasses five decades of American life in which ruthless capitalism, has replaced the Cold War's blend of dread and euphoria.

- Doctorow, E.L. *The March*.
- Edwards, Kim. *The Memory Keeper's Daughter*.
- Franzen, Jonathan. *The Corrections*.

Ellen Owns

- Gabaldon, Diana. *The Outlander*.
- Gruen, Sara. *Water for Elephants*.
- Hosseini, Khaled. *Kite Runner*.
- Irving, John. *A Prayer for Owen Meany*.
- Jude, Morgan. *Passion*.
- Kidd, Sue Monk. *The Secret Life of Bees*.
- Krauss, Nicole. *The History of Love*.
- Martel, Yann. *Life of Pi*.
- McEwan, Ian. *Saturday*.
- O'Nan, Stewart. *The Good Wife*.

- *The Good Wife* begins with a phone call from jail. Patty's husband has been arrested for murder and won't return home for 28 years. The reader follows Patty as she struggles to live her life, raise her child, and remain faithful to her husband.

- Roth, Phillip. *The Plot Against America*.
- Sedaris, David. *Me Talk Pretty One Day*.
- Shute, Neville. *On the Beach*.
- Updike, John. *Rabbit, Run*.

FICTION, GENRE

- **Mystery Thriller**
 - Barre, Richard. *The Innocents*.
 - Bell, Ted. *Spy*.
 - Brockman, Suzanne. *Into the Storm*.
 - Brown, Sandra. *Ricochet*.
 - Christie, Agatha. *And Then There Were None*.

Ellen Owns

- Connelly, Michael. *The Lincoln Lawyer*.
- Cook, Robin. *Crisis*.
- Doyle, Arthur Conan and Leslie S. Klinger, ed. *The New Annotated Sherlock Holmes*.

- Ellroy, James. *The Black Dahlia*.
 - Using the basic facts concerning the notorious Black Dahlia case, Ellroy creates a tale of human passion and dark obsession. It is a powerful rendering of the long-reaching effects of murder and gives the unsolved murder new meaning.
- Grisham, John. *The Broker*.
- Harwin, Patricia. *Arson and Old Lace: A Far Wychwood Mystery*.
- Kellerman, Faye. *Stone Kiss*.
- Patterson, James. *Cross*.
- Patterson, James and Andrew Gross. *Judge and Jury*.

Ellen Owns

- Roberts, Nora. *Angels Fall*.
- Silva, Daniel. *The Messenger*.
- Smith, Alexander McCall. *The Full Cupboard of Life: More from the No. 1 Ladies' Detective Agency*.
 - Precious Ramotswe is on the case again in the fifth installment of the No. 1 Ladies' Detective Agency series, this time assisting the self-made founder of a chain of hairdressing salons who wants to unearth the real intentions of her four suitors.

o **Science Fiction**

Ellen Owns

- Adams, Douglas. *The Hitchhiker's Guide to the Galaxy*.
- Asimov, Isaac. *I, Robot*.

Ellen Owns

- Bradbury, Ray. *Fahrenheit 451*.
- Brooks, Terry. *Armageddon's Children*.
- Card, Orson Scott. *Ender's Game*.
 - Ender Wiggin is a very bright young boy with a powerful skill. One of a group of children bred to be military geniuses and save the Earth from an inevitable attack by aliens. Twists, surprises and interesting characters elevate this novel into status as a science fiction classic.

Ellen Owns

- Clarke, Arthur C. *Rendezvous with Rama*.
- Dick, Philip K. *Do Androids Dream of Electric Sheep*.
 - By 2021, the World War had killed millions, driving entire species into extinction and sending mankind off-planet. Those who remained coveted any living creature, and for people who couldn't afford one, companies built incredibly realistic simulations. But what happened when the simulated humans are so realistic, they cannot be distinguished?
- Gaiman, Neil. *Anansi Boys*.

- Gibson, William. *Neuromancer*.
- Hearn, Lian. *Across the Nightingale Floor*.

Ellen Owns

- Herbert, Frank. *Dune*.

– This novel tells the sweeping tale of a planet called Arrakis, the focus on an intricate power struggle in an interstellar empire. Arrakis is the sole source of Melange, which is necessary for interstellar travel and grants psychic powers and longevity, so whoever controls it controls everything.

- Jordan, Robert. *The Eye of the World*.
- Le Guin, Ursula K. *The Left Hand of Darkness*.
- Lethem, Jonathan. *Gun, with Occasional Music*.
- Mieville, China. *Perdido Street Station*.
- Morgan, Richard K. *Altered Carbon*.
- Powers, Tim. *Anubis Gates*.
- Stephenson, Neal. *Cryptonomicon*.
- Tolkien, J.R.R. *Lord of the Rings*.
- White, T.H. *The Once Future King*.
- Wolfe, Gene. *The Shadow and the Crew*.

HEALTH AND MEDICINE

- Amen, Daniel G. *Change You Brain, Change Your Life*.
- Boston Women's Health Book Collective. *Our Bodies, Ourselves: A New Edition for a New Era*.
- Condon, Marian C. *Women's Health: Body, Mind, Spirit: An Integrated Approach to Wellness and Illness*.
- Crowley, Chris, Gail Sheehy, and Henry S. Lodge. *Younger Next Year for Women*.
 - This book addresses health and aging concerns for women. The author promise that major lifestyle changes, including a six-days-a-week exercise regime, and a positive view of ageing will make the “next third” of life, the stage after menopause, the most fulfilling.
- Delinsky, Barbara. *Uplift: Secrets from the Sisterhood of Breast Cancer Survivors*.
- Gladwell, Malcolm. *Blink: The Power of Thinking without Thinking*.
- Nielsen, Jerri. *A Doctor's Incredible Battle for Survival at the South Pole*.
- Northup, Christine. *Women's Bodies, Women's Wisdom*.
- Perlmutter, Dr. David and Carol Colman. *The Better Brain Book*.
- Pollan, Michael. *The Omnivore's Dilemma*.

- Michael Pollon writes about what it is that we are eating and where it is coming from. This book discusses every manner of sustenance from industrial farming to organic food, even exploring what it is like to hunt and gather for oneself.
- Roizen, Michael and Melmet Oz. *You: The Smart Patient*.
- Schlosser, Eric. *Fast Food Nation: The Dark Side of the All-American Meal*.
 - This is an incisive history of the development of American fast food, which includes shocking crimes against humanity such as systematically destroying the American diet and landscape, and undermining our values and our economy. Similar in scope to Sinclair's *The Jungle*, Schlosser thoroughly tears apart the fast food industry using fact and journalistic style.
- Sparrowe, Linda and Patricia Walden. *The Woman's Book of Yoga and Health: A Lifelong Guide to Wellness*.
- Zerbe, Kathryn J. *The Body Betrayed: A Deeper Understanding of Women, Eating, Disorders, and Treatment*.

HOME AND GARDEN

- Alexander, William. *The \$64 Tomato*.
 - William Alexander always dreamed of having his own garden where he could grow healthy organic fruits and vegetables. After years of fighting pests and problem, Alexander realized that there was no such thing as an organic garden in the Northeast, and that for each tomato he'd taken from his garden he'd spent \$64. This hilarious horticultural memoir manages to impart an existential lesson on the interconnectedness of nature and the fine line between nurturing and killing.
- Angelou, Maya. *Hallelujah! The Welcome Table: A Lifetime of Memories with Recipes*.
- Burch, Mary. *Volunteering with Your Pet*.
- Craven, Jackie. *The Healthy Home*.
- Day, David and Albert Jackson. *Popular Mechanics Complete Home How To*.
- Dragonwagon Crescent. *Passionate Vegetarian*.
- Garten, Ina. *Barefoot Contessa at Home: Everyday Recipes You'll Make Over and Over Again*.
- Goodall, Jane, Gail Hudson, and Gary McAvoy. *Harvest for Hope*.
- Kamp, David. *The United States of Arugula: How We Became a Gourmet Nation*.
- Melina, Vesanto and Brenda Davis. *New Becoming Vegetarian: The Essential Guide to a Healthy Vegetarian Diet*.
- Millan, Caesar and Melissa Jo Peltier. *Caesar's Way*.
- Pleasant, Barbara. *Complete Houseplant Survival Manual: Essential Gardening Know-How for Keeping (Not Killing) More than 160 Indoor Plants*.
- Powell, Julie. *Julie and Julia: 365 Days, 524 Recipes, 1 Tiny Apartment Kitchen*.

- Ray, Rachael. *Rachael Ray 365: No Repeats: A Year of Deliciously Different Dinners.*
- Rybczynski, Witold. *Home: A Short History of an Idea.*
- Smith, Edward C. and John Storey. *The Vegetable Gardener's Bible.*
- Solomon, Steve. *Gardening When It Counts: Growing Food in Hard Time.*
- Witherspoon, Kimberly and Andrew Friedman. *Don't Try This at Home: Culinary Catastrophes from the World's Greatest Chefs.*

PARENTING AND FAMILIES

- Buchman, Dana. *A Special Education: One Family's Journey Through the Maze of Learning Disabilities.*
- Cline, Foster and Jim Fay. *Parenting with Love and Logic.*
- Gottman, John, Joan Declaire, and Daniel Goleman. *Raising an Emotionally Intelligent Child.*
- Guthrie, Elisabeth and Kathy Matthews. *No More Push Parenting: How to Find Success and Balance in a Hyper-Competitive World.*
- Kindlon, Dan and Michael Thompson. *Raising Cain.*
 - Boys suffer from a too-narrow definition of masculinity, the authors assert as they expose and discuss the relationship between vulnerability and developing sexuality, the culture of cruelty boys live in, the tyranny of toughness, and what we as a society, can do about all this without turning boys into girls.
- Lawlis, Frank. *The ADD Answer.*
- Mace, Nancy L. and Peter Rabins. *The 36-Hour Day: Caring for Persons with Alzheimer, Relating Dementia Illness...*
- Murkoff, Heidi. *What to Expect When You're Expecting.*
- Papolos, Demitri and Janie Papolos. *The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder.*
- Pelzer, David. *Child Called It.*
- Siegel, Daniel J. M.D. and Mary Hartzell, M.D. *Parenting from the Inside Out.*
- Simmons, Rachael. *Odd Girl Out: The Hidden Culture of Aggression in Girls.*
 - Rachel Simmon's brave and brilliant book skewers the stereotype of girls as the kinder, gentler gender. Lacking cultural permission to acknowledge conflict, girls develop what Simmons calls "a hidden culture of silent and indirect aggression."
- Thayer, Elizabeth, Ph.D. and Jeffrey Zimmerman, Ph.D. *The Co-Parenting Survival Guide: Letting Go of Conflict After a Difficult Divorce.*
- Wiseman, Roseland. *Queen Bees and Wannabes.*

POETRY

- Angelou, Maya. *Mother, A Cradle to Hold Me*.
- Collins, Billy. *The Trouble with Poetry: And Other Poems*.
- Cullen, Countee. *My Soul's High Song*.
- Cummings, E.E. *100 Selected Poems*.
- Dickinson, Emily. *The Collected Poems of Emily Dickinson*.
- Dove, Rita. *Mother Love*.
- Eliot, T.S. *The Wasteland and Other Poems*.
- Emerson, Claudia. *Late Wife*.
 - The narrator explores her disappearance from life and reappearance in another as she addresses her former husband, herself, and her new husband in a series of epistolary poems. The poems highlight how the speaker's new beginning in this relationship has come about in part because of the two couples' respective losses.
- Gibran, Kahil. *The Prophet*.
- Ginsberg, Allen. *Howl and Other Poems*.
- Gluck, Louise. *Wild Iris*.
 - Gluck models her poems around a parallel discourse between the flowers of a garden and the gardener, and between the gardener and the unnamed god. The reader shares the poet's human predicament of being caught between these material and spiritual worlds, drawing inspiration from both.
- Heaney, Seamus. *The Spirit Level*.
 - This volume deals with the finding of a level balancing point in ethical, moral, and spiritual affairs. Ever present in Heaney's poetry is the tragedy of Ireland and his own sorrowful recollections of a country torn apart by violence.
- Hughes, Langston. *The Weary Blues*.
- Merwin, W.S. *Migration: New and Selected Poems*.
- Neruda, Pablo. *Twenty Love Poems and a Song of Despair*.
- Paz, Octavio. *Luna Silvestre*.
- Poe, Edgar Allan. *The Essential Tales and Poems of Edgar Allan Poe*.
- Sandburg, Robert. *Carl Sandburg: Selected Poems*.
- Sidman, Joyce. *Song of the Water Boatman and Other Pond Poems*.
- Whitman, Walt. *Leaves of Grass*.
- Williams, William Carlos. *Pictures from Brueghel and Other Poems*.

READING TO CHILDREN

- **Picture Books and Story Books:** Many clubwomen are involved in volunteer programs reading to children, and many more read to their own children/grandchildren. If you are using this category for ESO credit, please include to whom you are reading and if they enjoyed the book. The following titles are current bestsellers and literary award winners, but you may read and report on any children's book.
 - Couric, Katie. *The Brand New Kid*.
 - This rhyming book following the story of the new kid in school and all of the hardships he faces at the hands of his new classmates. Couric provides a healthy approach to treating people who may be perceived as difference, and this book works well as a springboard to discussion.
 - Freeman, Don. *Corduroy*.
 - McBratney, Sam. *Guess How Much I Love You*.
 - Muth, Jon J. *Zen Shorts*.
 - Beautifully illustrated in two distinct styles, this book introduces readers to a Zen approach to the world, wrapped in a story about three siblings, and their new neighbor, a panda. The tales invite the children to consider the world and their perceptions from a different angle.
 - O'Conner, Jane. *Fancy Nancy*.
 - Priceman, Marjorie. *Hot Air: The (Mostly) True Story of the First Hot-Air Balloon Ride*.
 - Scieszka, Jon and Lane Smith. *The Stinky Cheese Man and Other Stupid Tales*.
 - This Caldecott Honor Book has not lost one ounce of its wisecracking, cheeky humor in the past decade. It is full of irreverent variations on well-known fairy-tale themes, in which the ugly duckling grows up to be an ugly duck, and the princess who kisses the frog wins only a mouthful of amphibian slime.
 - Sendak, Maurice. *Where the Wild Things Are*.
 - Seuss, Dr. *Oh, The Places You'll Go!*
 - Van Allsburg, Chris. *The Polar Express*.
- **Chapter Books and Books for Youth**
 - Babbitt, Natalie. *Tuck Everlasting*.
 - Blume, Judy. *Tales of a Fourth Grade Nobody*.
 - Brashares, Ann. *The Sisterhood of the Traveling Pants*.
 - Cabot, Meg. *How to be Popular*.
 - Cleary, Beverly. *Ramona Forever*.

- Dahl, Ronald. *Charlie and the Chocolate Factory*.
- Henry, Marguerite. *King of the Wind: The Story of the Godolphin Arabian*.
- Howe, James. *Bunnicula Meets Edgar Allan Crow*.
- Snicketts, Lemony. *A Series of Unfortunate Events*.
- White, E.B. *Charlotte's Web*.

RELIGION AND INSPIRATION

- Ali, Ayaan Hirsi. *Infidel*.
- Confucius. *The Analects*.
- Dalai Lama, (His Holiness) *Ethics for the New Millennium*.
- Didion, Joan. *The Year of Magical Thinking*.
 - Didion's husband, John died of a heart attack, just after they returned from the hospital where their only child, Quintana, was lying in a coma. This book is a memoir of Dunne's death, Quintana's illness, and Didion's effort to make sense of a time when nothing made sense.
- Hesse, Herman. *Siddharta*.
- Hoff, Benjamin. *The Tao of Pooh*.
 - Through, brilliant, and witty dialogue with the beloved Pooh-bear and his companions, the author explains with ease that rather than being a distant and mysterious concept, Taoism is as near and practical to us as our morning breakfast bowl. Romp through the enchanting world of Winnie-the-Pooh while soaking up invaluable lessons on simplicity and natural living.
- Kushner, Harold S. *Overcoming Disappointments*.
- Lewis, C.S. *Screwtape Letters*.
- Lucado, Max. *The Inspirational Study Bible*.
- Merton, Thomas. *New Seeds of Contemplation*.
- Norris, Kathleen. *The Cloister Walk*.
 - Kathleen Norris gives us an intimate look at how religious life fills a gap in the soul. Beyond moral precepts and Bible stories, this novel is a very personal account of religion lived fully. It depicts a depth and beauty of spirituality in monastic life that has survived the politics and pomp of the Roman Catholic Church.
- Peck, Scott. *The Road Less Traveled*.
- Piper, Don. *90 Minutes in Heaven*.
- Pirsig, Robert. *The Zen and Art of Motorcycle Maintenance*.
- Spangler, Ann. *Women of the Bible*.
- Tolle, Eckhart. *A New Earth*.

SCIENCE

- Cox, Lynne. *Grayson*.
- Diamond, Jared M. *Guns, Germs, and Steel: The Fates of Human Societies*.
- Ehrlich, Paul R. *The Dominant Animal: Human Evolution and the Environment*.
- Gosnell, Mariana. *Ice*.
- Hawking, Stephen. *A Brief History of Time*.
- Humes, Edward. *Monkey Girl: Evolution, Education, Religion, and the Battle for America's Soul*.
- Kakalios, James. *The Physics of Superheroes*.
- Roach, Mary. *Bonk: The Curious Coupling of Science and Sex*.
- Sobel, Dava. *Galileo's Daughter: A Historical Memoir of Science, Faith, and Love*.
 - Sobel based her book on 124 surviving letters between Galileo and his illegitimate daughter, Sr. Maria Celeste. Though the book is about their relationship it focuses more on Galileo and his trial. Sobel discusses the social and psychological forces behind Galileo's trial, which delayed his trial giving his adversaries time to conspire against him.
- Stewart, Ian. *Why Beauty Is Truth: The History of Symmetry*.

SOCIAL SCIENCE

- Blakeslee, Nate. *Tulia*.
- Brigham, Robert. *Is Iraq another Vietnam*.
- Ehrenreich, Barbara. *Nickel and Dimed: On (Not) Getting By in America*.
- Griffin, John Howard. *Black Like Me*.
- Grisham, John. *The Innocent Man*.
 - John Grisham tackles nonfiction for the first time with *This Innocent Man*, which chronicles the story of Ron Williamson, how he was arrested and charged with a crime he did not commit, how his case was handled and how an innocent man was sent to death row.
- Iacocca, Lee. *Where Have All the Leaders Gone?*
- Johnson, William. *A Time to Embrace: Same Gender Relationships in Religion, Law and Politics*.
- Johnston, David Cay. *Free Lunch: How the Wealthiest Americans Enrich Themselves at Government Expense*.
- Sachs, Jeffery D. *The End of Poverty: Economic Possibilities for Our Time*.
- Schwartz, Barry. *The Paradox of Choice: Why More is Less*.
- Switzer, Jacqueline Vaughn. *Disabled Rights: American Disability Policy and the Fight for Equality*.

- Taliaferro, John. *In a Far Country*.
- Ung, Loung. *First They Killed My Father: A Daughter of Cambodia Remembers*.
- West, Cornel. *Race Matters*.
- Wright, Lawrence. *The Looming Tower*.

SPORTS AND RECREATION

- Armstrong, Lance. *It's Not about the Bike: My Journey Back to Life*.
- Bissinger, H.G. *Friday Night Lights*.
- Blais, Madeleine. *In These Girls, Hope is a Muscle*.
- Dyer, Danny and Katherine. *ChiRunning*.
 - This how-to book attempts to take the pain and injury out of running. By breaking down optimal running techniques into easy-to-follow steps and guidelines, *Chirunning* claims to increase a runner's efficiency, lower the risk of injury, and most importantly make running an enjoyable experience.
- Holtz, Lou. *Wins, Losses, and Lessons: An Autobiography*.
- Karnazes, Dean. *Ultramarathon Man: Confessions of an All-Night Runner*.
- Kilmeade, Brian. *The Games Do Count*.
- Kowalchik, Claire. *The Complete Book of Running for Women*.
- Krakauer, Jon. *Into Thin Air*.
- Lamster, Mark. *Spalding's World Tour*.
- Lewis, Mark. *The Blind Side: Evolution of a Game*.
- Marx, Jeffrey. *Season of Life: A Football Star, a Boy, a Journey to Manhood*.
- Prager, Joshua. *The Echoing Green: The Untold Story of Bobby Thomson, Ralph Branca, and the Shot Heard Around the World*.
- Smith, Lisa et.al. *Nike is a Goddess: the History of Women in Sports*.

TRAVEL AND GEOGRAPHY

- Bissell, Tom. *Chasing the Sea*.
- Byron, Bill. *A Walk in the Woods: Rediscovering America on the Appalachian Trail*.
 - Returning to the U.S. after 20 years in England, Iowa native Bryson decided to reconnect with his mother country by hiking the length of the 2100-mile Appalachian Trail. Awed by the section of his local sporting goods store, he nevertheless plunges into the wilderness and emerges with a comical account of learning hard lessons about self-reliance.
- Bryson, Bill. *The Lost Continent: Travels in Small-Town America*.
- Dalrymple, William. *City of Djinns*.
- Fussell, Paul. *The Norton Book of Travel*.

- Gilbert, Elizabeth. *Eat, Pray, Love: One Woman's Search for Everything Across Italy, India, and Indonesia.*
- Lindqvist, Sven. "Exterminate All the Brutes."
- Nooteboom, Cees. *Roads to Santiago.*
- Leonard, Mike. *The Ride of Our Lives: Roadside Lessons of an American Family.*
- Mehta, Suketu. *Maximum City: Bombay Lost and Found.*
- Pamuk, Orhan. *Istanbul: Memories and the City.*
- Schultz, Patricia. *1,000 Places to See Before You Die: A Traveler's Life List.*
- Severgnini Beppe. *La Bella Figura, a Field Guide to the Italian Mind.*
- Stewart, Roy. *The Places in Between.*

VOLUNTEERISM

- Day, Dorothy. *Loaves and Fishes.*
 - Dorothy Day, a reformed "lost soul," discusses the principles behind the Catholic Worker: resistance to power structures that turn their backs on the poor, and voluntary poverty to motivate social reform. Day challenges the reader to ask his/herself why they hold back from doing what he/she knows is right. Day claims the greatest evil of the time is a sense of futility; people do not believe one person can do enough to matter.
- Clinton, Bill. *Giving: How Each of Us Can Change the World.*
- Hunter, Zach. *Be the Change: Your Guide to Freeing Slaves and Changing the World.*
 - A child wrote this book; Hunter is a teenager working to end slavery. The sad truth of his book is that there are more slaves now than ever recorded before in history. Hunter aims to free men, women, and children internationally, and has demonstrated that one person can make a difference.
- Gould, Meredith. *Deliberate Acts of Kindness.*
- Metzler, Barbara. *Passionaries: Turning Compassion into Action.*
- Miller, Scott C. *Until It's Gone: Ending Poverty in Our Nation, in Our Lifetime.*

WOMEN'S STUDIES

- Albright, Madeline. *Madame Secretary.*
- Allgor, Catherine. *A Perfect Union: Dolley Madison and the Creation of the American Nation.*
- Bolen, Jean Shinoda. *Goddess in Older Women: Archetypes in Women over Fifty.*
- Brown, Victoria Bissell. *The Education of Jane Addams.*
- De Beauvoir, Simone. *The Second Sex.*
- Ensler, Eve. *The Vagina Monologues.*

- Perhaps one of the most brilliant pro-woman works available. Ensler did something that most people never thought to do: ask women about their vaginas. A movement was born. A staple on many college campuses and celebrated on V-Day women perform these monologues drawing attention to women, violence against women, and demanding change.
- Friedan, Betty. *The Feminine Mystique*.
- Gehrke-White, Donna. *The Face Behind the Veil*.
 - The image of the Muslim women in America has been shrouded in secrecy. In this timely and moving book, journalist Donna Gehrke-White provides a rare, revealing look into the hearts, minds, and everyday lives of Muslim women in America and opens a window on a culture as diverse as it is misunderstood.
- Grunwald, Lisa. *Women's Letters: America from the Revolutionary War to the Present*.
- Helm, Sarah. *A Life of Secrets: Vera Atkins and the Missing Agents of WWII*.
- Jessop, Carolyn. *Escape*.
- Levy, Ariel. *Female Chauvinist Pigs: Women and the Rise of Raunch Culture*.
- Mam, Somaly. *Road of Lost Innocence*.
- Schiff, Karenna Gore. *Lighting the Way: Nine Women Who Changed Modern America*.
- Spencer, Irene. *Shattered Dreams: My Life as a Polygamist's Wife*.

WORLD HISTORY

- Baker, Peter and Susan Glasser. *Kremlin Rising: Vladimir Putin's Russia and the End of Revolution*.
- Beah, Ishmael. *A Long Way Gone*.
- Bernstein, Judy. *They Poured Fire on Us from the Sky: The True Story of Three Lost Boys from Sudan*.
 - The Deng brothers and their cousin Benjamin were all under the age of seven when they left their homes after terrifying attacks on their villages during the Sudanese civil war. Well written, often-poetic essays by Benson, Alepho and Benjamin are arranged in alternating chapters and recall their childhood experiences, their treacherous trek and their education in the refugee camp.
- Delaney, Frank. *Ireland*.
- Diamond, Jared. *Guns, Germs, and Steel*.
- Erickson, Carolly. *Our Tempestuous Day: A History of Regency England*.
- Hanson, Victor. *A War Like No Other: How the Athenians and Spartans Fought the Peloponnesian War*.
- Judt, Tony. *Postwar: A History of Europe Since 1945*.
- Korda, Michael. *Journey to a Revolution*.

- Mann, Charles. *1491: New Revelations of the Americas Before Columbus*.
- Massie, Robert K. *The Romanovs: The Final Chapter*.
- Mortenson, Greg and David Oliver Relin. *Three Cups of Tea*.
- Paz, Octavio. *The Labyrinth of Solitude*.
- Remnick, David. *Lenin's Tomb: The Last Days of the Soviet Empire*.
- Reston, James. *Warriors of God*.

ADDENDUM

The following books were removed from the ESO booklist because there have become difficult to find and/or are out of print.

- Alonso, Harriet Hyman. *Growing Up Abolitionist: The Story of the Garrison Children.*
- Altman, Daniel. *Neoeconomy.*
- Applebaum, Eileen with Annette Bernhardt and Richard Murnane eds. *Low-Wage America: How Employers are Reshaping Opportunities in the Workplace.*
- Armstrong, Karen. *The Great Transformation: The Beginning of Our Religious Traditions.*
- Ayittey, George. *Africa in Chaos.*
- Banish, Roslyn. *Focus on Living: Portraits of Americans with HIV and AIDS.*
- Barbach, Lonnie Garfield. *The Pause.*
- Behan, Mona and Jeannine Davis-Kimball. *Warrior Women: An Archaeologist's Search for Hidden Heroines.*
- Bell, Gavin. *In Search of Tusitala.*
- Beder, Sharon. *Global Spin: The Corporate Assault on Environmentalism.*
- Berry, Wendell. *Unsettling of America: Culture and Agriculture.*
- Bracey, Gerald. *A Consumer's Guide to the War Against Public Schools.*
- Breitweiser, Kristen. *Wake Up Call: The Political Education of a 911 Widow.*
- Brown, Joseph Epes and Emily Cousins. *Teaching Spirits: Understanding Native American Religious Traditions.*
- Bryant, Ralph C. *Turbulent Waters: Cross-Border Finance and International Governance.*
- Buchanan, Patrick J. *State of Emergency.*
- Buehrens, John A. *Understanding the Bible.*
- Burnett, John. *Uncivilized Beast and Shameless Hellions: Travel s with an NPR Correspondent.*
- Capek, Michael. *Murals: Cave, Cathedral, to Street (Art Beyond Borders).*
- Cassiday, John. *Dot.con: How America Lost Its Mind and Money in the Internet Era.*
- Chamberlain, Sam. *My Confession: Recollection of a Rogue.*
- Clinton, Bill. *My Life.*
- Cochran-Smith. *Walking the Road: Race, Diversity, and Social Justice in Teacher Education.*
- Cohen, Greta L. *Women in Sports: Issues and Controversies.*
- Cohen, Lawrence J. *Playful Parenting.*
- Cohn, Nick. *The Heart of the World.*
- Cooke, Alistair. *The American Hope Front: 1941-1942.*
- Conney, Robert. *Winning the Vote: the Triumph of the Woman Suffrage Movement.*
- Coontz, Stephanie, May Parson, and Gabriel Raley. *American Families: A Multicultural Reader.*
- Cooper, Patricia. *The Quilters: Women and Domestic Art.*

- Craig, Mary. *Tears of Blood: A Cry for Tibet*.
- Crane, Nicholas. *Clear Waters Rising*.
- Crawford, James. *Bilingual Education: History, Politics, Theory, and Practice*.
- Creekmore, Marion. *A Moment of Crisis: Jimmy Carter, the Power of a Peacemaker, and North Korea's Nuclear Ambitions*.
- Delamotte, Eugenia et al. *Women Imagine Change: A Global Anthology of Women's Resistance from 600 BCE to the Present*.
- Felt, Mark. *A G-Man's Life*.
- Fish, Joel. *101 Ways to Be a Terrific Sports Parent*.
- Foote, Shelby. *The Civil War: A Narrative Fredericksburg to Meridian*.
- Frey, James. *A Million Little Pieces*.
- Gallaher, Carolyn. *On the Fault Line: Race, Class, and the American Patriot Movement*.
- Gimlette, John. *Theatre of Fish: Travels Through Newfoundland and Labrador*.
- Good Housekeeping Institute. *The Complete Household Book: The Best Way to Clean, Maintain and Organize Your Home*.
- Gordon, Randall. *Vindication: A Life of Mary Wollstonecraft*.
- Guha, Ramachandra. *How Much Should a Person Consume? Environmentalism in India and the United States*.
- Hall, Adrienne. *Backpacking: A Woman's Game*.
- Hannon, Kerry. *Suddenly Single: Money Skills for Divorcees and Widows*.
- Hassrick, Peter H. *Georgia O'Keefe Museum*.
- Hatzfeld, Jean. *Machete Season: The Killers in Rwanda Speak*.
- Hayner, Priscilla B. *Unspeakable Truths: Facing the Challenge of Truth Commissions*.
- Hensel, Jana. *After the Wall*.
- Hobman, J. and Jeffrey Shoulder. *Entertaining America: Jews, Movies, and Broadcasting*.
- Hopkins, Thomas J. *Hindu Religious Tradition*.
- Horn, Jane. *Golf is a Woman's Game*.
- Horton, Myles. Dale Jacobs eds. *The Myles Horton Reader: Education for Social Change*.
- James, Williams. *The Variety of Religious Experience*.
- Johnston, Carolyn Ross. *Cherokee Women in Crisis: Trail of Tears, Civil War, and Allotment, 1838-1907*.
- Kaldor, Mary. *New & Old Wars*.
- Kaplan, Marion A. *Between Dignity and Despair: Jewish Life in Nazi Germany*.
- Karade, Baba Ifa. *The Handbook of Yoruba Religious Concepts*.
- Kazik. *Memoirs of a Warsaw Ghetto Fighter*.
- Kazin, Michael. *Populist Persuasion: An American History*.

- Keyssar, Alexander. *The Right to Vote: The Contested History of Democracy in the United States*.
- Kirk, Robin. *More Terrible Than Death: Massacres, Drugs, and America's War in Columbia*.
- Kurth, Peter. *Tsar: The Lost World of Nicholas and Alexandra*.
- LaSalle, Mick. *Complicated Women: Sex and Power in Pre-Code Hollywood*.
- Latham, Glenn I. *The Power of Positive Parenting*.
- Ludwig, Jens and Philip J. Cook. *Evaluating Gun Policy: Effects on Crime and Violence*.
- Mackintosh-Smith, Tim. *Yemen: Travels in Dictionary Land*.
- Marcel, Jacqueline. *Elder Rage or Take My Dad, Please: How to Survive Caring for Aging Parents*.
- Mazurek, Kas. *Education in a Global Society: A Comparative Perspective*.
- McDougall, Walter A. *Freedom Just Around the Corner: A New American History: 1585-1828*.
- McKhann, Guy M. MD. *Keep Your Brain Young*.
- Mertus, Julie A. *Kosovo: How Myths and Truths Started a War*.
- Mintz, Steven. *Domestic Revolutions: A Social History of American Family Life*.
- Moran, Theodore H. *Foreign Direct Investment and Development*.
- Moser, Carolyn and Fiona C. Clark. *Victims, Perpetrators or Actors? Gender, Armed Conflict and Political Violence*.
- Mossberger, Karen et al. *Virtual Inequality: Beyond the Digital Divide*.
- Mulholland, Marc. *The Longest War: Northern Ireland's Troubled History*.
- Muscatine, Doris. *The Vinegar of Spilamberto and Other Italian Adventures with Food, Places, and People*.
- Noddings, Nel. *Happiness and Education*.
- Notarius, Clifford. *We Can Work It Out*.
- O'Mara, Kathleen. *Vaccination: The Issue of Our Times*.
- Piver, Steven. *Gilda's Disease*.
- Pottruck, David S. and Terry Pearce. *Clicks and Mortar: Passion Driven Growth in an Internet-Driven World*.
- Povich, Shirley. *All Those Mornings...at the Post*.
- Raban, Jonathan. *Hunting Mister Heartbreak*.
- Raymo, Chet. *The Soul of the Night: An Astronomical Pilgrimage*.
- Reese, Anne. *Athletries: The Untold History of Ancient Greek Women Athletes*.
- Redoute, Pierre-Joseph. *Les Roses*.
- Robinson, David. *From Peep Show to Palace: The Birth of American Film*.
- Ross, S.B. *Pitching In*.
- Schwartz, Bonnie Nelson and the Educational Film Center. *Voices from the Federal Theater*.

- Severin, Tim. *The Sinbad Voyage*.
- Shor, Ira. *Empowering Education: Critical Teaching for Social Change*.
- Stanton, Elizabeth Cady. *The Woman's Bible*.
- Steinberg, Theodore. *Done to Earth: Nature's Role in American History*.
- Stewart, Roy. *The Prince of the Marshes: And Other Occupational Hazards of a Year in Iraq*.
- Thompson, Scott W. *The Baobab and the Mango Tree: Lessons About Development: Asian and African Contrasts*.
- Todd, Kim. *Maria Sibylla Merian and the Secrets of Metamorphosis*.
- Took, Roger. *Running with Reindeer*.
- Tovani, Chris and Ellin Oliver Keene. *I Read It, But I Don't Get It: Comprehension Strategies for Adolescent Readers*.
- Truman, Margaret. *First Ladies: An Intimate Group Portrait of White House Wives*.
- Tyldesley, Joyce. *Daughters of Isis: Women of Ancient Egypt*.
- Van Sweden, James. *Gardening with Nature*.
- Wais Brooker, Lois. *A Sex Revolution*.
- Williams, Terry Tempest. *Refuge*.
- Wisdom, Susan and Jennifer Green. *Stepcoupling: Creating and Sustaining a Strong Marriage in Today's Blended Family*.
- Witte, John. *Religious Human Rights in Global Perspective*.
- Woodward, Bob. *Plan of Attack*.
- Yalom, Marilyn. *A History of the Wife*.
- Young, Gavin. *In Search of Conrad*.
- Zimmerman, Jean. *Raising Our Athletic Daughters*.

Charter Applications

State federations may apply to create or reactivate an ESO chapter in their state using the following application information. Submit the application to the GFWC Program Department, 1734 N Street, NW, Washington DC 20036-2990. Upon approval of the application, a new state ESO charter or reactivated charter will be sent to the state president.

(Name of GFWC State Federation) submits on (date) this agreement to pursue the following ESO goals in the creation/reactivation of its state ESO chapter:

- Encourage clubwomens' pursuits of higher education
- Create an additional means to unite women in volunteering
- Develop a support network for women returning to school
- Improve current and develop new study skills
- Stimulate systematic home reading and study with minimum supervision
- Encourage the establishment of home libraries and greater use of public libraries
- Encourage the formation of reading/study/discussion groups

GFWC State Federation President

State ESO Chairman